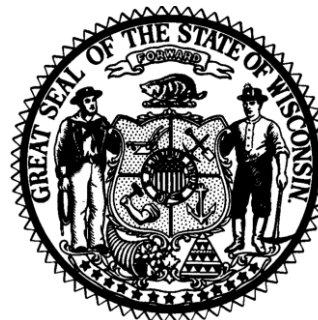


FRED A. RISSER

Wisconsin State Senate



FOR IMMEDIATE RELEASE
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Senator Fred Risser Completes Annual Birthday Bike Ride

(MADISON)— State Senator Fred Risser, who turned 90 years old May 5th, said he had completed his annual ritual of biking his age on Saturday, May 27th.

“It was my first available day after my birthday, combined with good biking weather,” Risser stated in explaining the timing of his ride.

Risser said he started his 90 mile biking trip on his 10 year old Trek bike at the State Capitol at 7:15 a.m. Saturday and returned just before 6 p.m. that evening. His route involved circling Lake Monona and then taking the Capitol City, Cannonball and Military Ridge Trails through Verona, Mt. Horeb and Blue Mounds to Barneveld, where he ate a late lunch at Shenanigans before returning home.

Risser indicated that he averaged just 11 miles an hour of actual biking time, but that he took a couple of rest stops along the way which resulted in his taking a full day to complete his 90 mile birthday ride.

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