



# LUMOS

— Doula Services —

*Contact* Alli Ryan, Riley Huebsch, and Lea Wolf  
*Cell* 608-475-0560  
*Email* [info@lumosdoulaservices.com](mailto:info@lumosdoulaservices.com)  
*Website* [www.lumosdoulaservices.com](http://www.lumosdoulaservices.com)

FOR IMMEDIATE RELEASE  
April 27, 2017

## NEW SUPPORT SYSTEM FOR EXPECTING FAMILIES

### Lumos Doula Services, LLC to launch all-inclusive doula practice

Madison, WI, April 27, 2017– Lumos Doula Services, LLC combines the decades long experience and training of Lea Wolf, Riley Huebsch, and Alli Ryan to create a community approach offering all-inclusive packages put together with the intention.

The doulas of Lumos realized families were struggling to figure out just what they needed for a low-stress experience as they headed into parenthood for the first time. Often families were scrambling between many different resource options, if they were able to find them at all. There are so many areas in life where “all-inclusive” packages are becoming an option – and Lumos realized why not offer such a package for pregnancy, birth, and the postpartum.

Lumos will only offer comprehensive packages, which will include: childbirth, breastfeeding, and infant care classes; monthly group prenatal meetings; bi-monthly workshops; an in-home prenatal meeting with all three doulas; prenatal yoga; private Facebook group; labor support; in-home postpartum visits; office visits; photography; weekly postpartum support group for the 1st year; plus access to our team of experts, a lactation consultant, family therapist, and chiropractors who specialize in pregnancy, postpartum, and newborn care.

Lumos Doula Services, LLC offers support services to the Madison, WI and the surrounding communities. Their expanded offices and studio space opens on the west side mid-summer.

If you would like more information about Lumos Doula Services, LLC, please contact Alli Ryan, Riley Huebsch, and Lea Wolf at 608-475-0560 or email at [info@lumosdoulaservices.com](mailto:info@lumosdoulaservices.com).